

Forest of Dean Diabetes support Group

Meet others. Share insights. Ask questions.

Our Forest of Dean group invite you to join them at their support meetings, social events and get-togethers for people living with all types of diabetes. You'll be able to meet others, talk and share your experiences, ask questions, feel confident and supported with your diabetes.

First Tuesday of every month.

7pm. Forest Sensory Services, Valley Road, Cinderford, GL14 2LJ. Free parking, light refreshments, donations welcome. Open to all.

We Know Diabetes Is Serious. Its important to feel supported with both your physical and emotional health.

To find out more contact Jackie: 01594 542066 forestdeandiabetic@gmail.com or

south.west@diabetes.org.uk 01823 448 260



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